

BAR MENU

BURGERS

Our burgers are made on the premises, using fresh meat delivered daily from Swandean butchers in Worthing. All served in a toasted brioche bun with rocket, beef tomato, gherkin & a choice of chunky or skinny fries.

The Cow Shed 2 beef patties, 2 bacon, 2 cheese, 3 onion rings and mustard mayo	£15
Classic 6oz beef with red onion jam	£9
Pulled pork with bbq sauce	£10
Chicken taco with guacamole, sour cream and tomato salsa	£10
Reggae Reggae jerk chicken breast	£10
Surf 'n' turf with prawns	£11
Minted lamb with tzatziki	£11
Breaded halloumi red pepper, roasted flat mushroom & red onion jam	£10
Beer battered fish with tartare sauce	£9.50
Add extra toppings for £1 each (Cheddar cheese, blue cheese, brie, bacon, jalapenos, onion rings, HOT sauce)	

PLATES

8oz sirloin steak served with roasted mushrooms, grilled tomato, onion rings & fries	£16
Add a sauce for £1 (Peppercorn, mushroom or garlic butter)	
Beer battered fish & chips served with crushed peas and tartare sauce	£10
Breaded halloumi and chips served with crushed peas and tartare sauce (V)	£9.50
Reggae Reggae jerk chicken wings with slaw and fries	£8.50

NACHOS (v/gluten free)

Classic served with melted cheddar cheese, home-made salsa and sour cream. £6.50

Add extras

Pulled pork	£3.50
Beef chilli	£3
Veggie chilli	£2.50
Guacamole	£1.50
Jalapenos	£1

MAC 'N' CHEESE (Served with garlic bread) £7

Add extras

Pulled pork	£3.50
Beef chilli	£3
Smoked bacon	£1
Jalapenos	£1
Mushroom	£1
Frankfurters	£1

HOT DOGS (Served with American mustard and chunky chips)

Straight Up with fried onions	£7
Chilli Dog with fried onions	£8
Chilli cheese Dog with fried onions	£9

SALADS

Salmon & Crayfish	£10
Chicken, bacon & avocado	£10
Halloumi, red pepper & mushroom	£9.50

SANDWICHES

(All served on white or brown bread)

Salmon & Crayfish	£7
Croque-monsieur	£6
Toasted BLT with mayonnaise	£6
Smoked bacon, brie & red onion jam	£6
Fish finger sandwich with tartare sauce	£6

SIDES

Skinny fries (add cheese or Cajun spice for £1)	£3
Chunky chips (add cheese or Cajun spice for £1)	£3.50
Garlic bread (add cheese for £1)	£3
Apple slaw	£2
Onion rings	£3
Mixed leaf salad with house dressing	£3.50

BAR SNACKS

Stuffed jalapeno peppers (V)	£5
Breaded chicken strips with sweet chilli sauce	£7
Halloumi skewers	£6
Toasted pitta with hummus & crudite	£5
Deep fried white bait with tartare sauce & lemon	£5.50
Mixed marinated olives	£3.50

MINI MOOS

All £6 and served with a small soft drink

Mini mac 'n' cheese
 Mini fish & chips with peas
 Mini chicken goujons with chips & peas
 Mini beef burger & chips

Kids ice cream (strawberry, chocolate or vanilla)	£2
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KITCHEN OPEN DAILY FROM 12-9PM

PLEASE ORDER AT THE BAR